

NEWHAM PRUS INCLUSION NEWSLETTER

**Week Beginning
5th October 2026**

Welcome to the weekly Inclusion Newsletter showcasing all the learning going on at Newham PRUs, and sharing information that you need as parents/carers whilst your child is with us at the PRU!

Keeping you informed on how we are ensuring EVERY child is included and able to thrive!

Sitting Pretty Vocational Focus



Our **New Directions** pupils are benefiting from hands-on learning at Sitting Pretty, a vocational provider that combines theory with practical experience in skincare, anatomy, and beauty therapies.

Our Commitment to Excellence

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Best wishes, Yasmine Dhillon, Deputy Headteacher SEND/Inclusion



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APPLE Provision



From Food Tech lessons, cycling to raft building, our pupils at APPLE are learning in an active way—building resilience and following instructions.

(Right) Students at APPLE are also splitting their time between practical activities and classroom work.

They've been studying John Agard—exploring their impressions of the poet and unpacking the emotions in his work.



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PHOENIX Provision



Every week during Community Read, Key Stage 4 students partner with Key Stage 2 pupils for shared reading sessions.

Supporting younger readers fosters confidence and communication skills in our older students while helping younger pupils develop stronger literacy skills and a lifelong love of books.

In Food and Nutrition Sessions, the Panther students prepared Pizza Bagel using the Grill method. They demonstrated good practical skills by following instructions carefully and working independently.



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Beats & Breakthroughs



James has officially launched his 1:1 music sessions at **Tunmarsh**, and we are thrilled to share that Mason was selected to participate and is doing great! In his recent lessons, Mason picked up the drums with remarkable speed, showing fantastic focus, confidence, and enthusiasm. These tailored sessions in drums, guitar, and piano are already proving to be a fantastic success—providing targeted support and an active outlet that helps pupils re-engage and thrive across the school day.

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Celebrating Difference



This half term, our school focus is on our core value of Kindness. In celebration of Dyslexia Awareness Day (8th October), we are highlighting an important message: true kindness means recognising that everyone's brain works differently, and showing understanding when someone processes information in their own way or takes a little longer to read and write.

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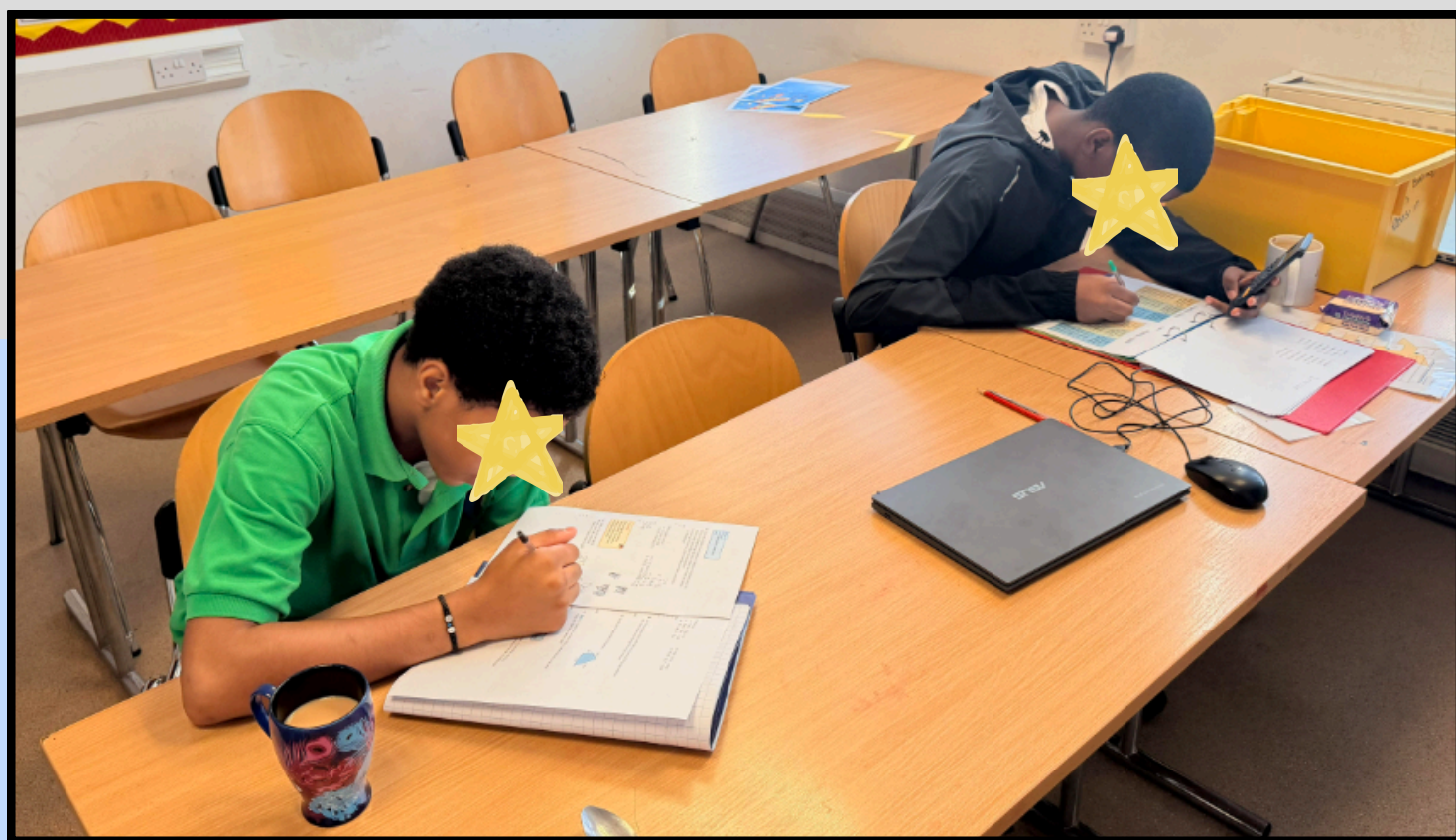


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TUNMARSH- APPLE pupils Making Maths Cool



On Thursday, two of our APPLE students, Ibrahim and Jaedie, arrived early and dove straight into their Maths work with total focus. When their teacher asked if he could capture a photo of their impressive effort for the school newsletter, they were absolutely thrilled—proving that learning really is cool!



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Punctuality Reward

Every day you arrive at school on time, your name goes into our weekly raffle! Each Friday, we'll draw a winner to receive a £20 voucher to spend with your family. Remember: the more times you're on time, the higher your chances of winning!

Tunmarsh



The winner of the
punctuality raffle was
Mahmud at Tunmarsh

New Directions



The winner of the
punctuality raffle was
Khariah at New Directions

Positive Postcards Home from the Nurture Group Team



The student of the week in panther class is **Mason**, for always being ready and prepared for the day, he consistently arrives with a positive attitude, prepared to take part in activities and show willingness to learn.

Well done Mason!

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Medical Needs Information for Parents/Carers

If your child has a medical condition or health need, please inform our SENCO, Yasmine Dhillon or Lead SEND Officer, Sarah Edwards.

Having accurate and up-to-date information is essential to ensure your child remains safe at school and that we can respond quickly and effectively in the event of an emergency.

Please note the following requirements regarding specific health conditions:

- **Severe Allergies:** Pupils must have an official Allergy Action Plan, alongside two in-date EpiPens and any prescribed antihistamines stored together in the medical room.
- **Mild or Moderate Allergies:** Pupils must have an official Allergy Action Plan on file.
- **Asthma:** Pupils must have an Asthma Action Plan specifying their prescribed pump colour. Their designated inhaler must be kept in the medical room.
- **Epilepsy & Complex Conditions:** Pupils requiring specialised support must have an up-to-date Individual Health Care Plan on file so staff can follow agreed emergency protocols.

If your child requires medication to be administered during school hours, a parent or carer must complete an "Administering Medication in School" form with our First Aid team. Thank you!

Attendance Update

Registration starts at **08:55**. Pupils arriving after **09:25** are marked as absent for the morning.
Good Attendance is 90% or higher
(The government defines below 90% as Persistent Absence).

We will contact you to offer support (meetings, home visits) if attendance is poor. Continued, poor attendance is referred to Newham and can ultimately lead to an **Attendance Panel Hearing** and potential legal action, including significant fines, under the Education Act 1996.

Best Performing Classes



**Phoenix
KS1 & 2**

93.2%

**Peregrine
Class**

5 weeks in a row!!



**Tunmarsh
KS3 & 4**

88.9%

**Cubs
Class**

2 weeks in a row!!



**New
Directions
KS4**

69.4%

**Starling
Class**

2 weeks in a row!!

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NEWHAM PRUS INCLUSION NEWSLETTER

What's on the School Menu?

What's on the Menu?

AUTUMN / WINTER 2026 / 27

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Market Fresh	Chicken & Veg Pie (Mash Top)	Tandoori Chicken Naan	Roast Chicken & Roast Potatoes	Coronation Chicken Baguette	Battered Fish, Chips & Peas
Global Classics	Spinach & Ricotta Tortellini 	Aubergine & Chickpea Curry 	Halloumi & Veg Box 	Mexican Bean & Salsa Wrap 	Jacket Potato — Veggie Chilli 
Sugar Smart Desserts	Banana & Date Sponge with Custard 	Bursting Berry Jelly Pot 	Vegan Chocolate & Beetroot Brownie 	Fruity Flapjack 	Jam & Coconut Sponge 
Daily Options	Vegetable Choices / Fresh Salads / Fresh Fruit / Fruit Yoghurt / Homemade Cakes				

 Plant Based
 Vegetarian
 Sugar Smart



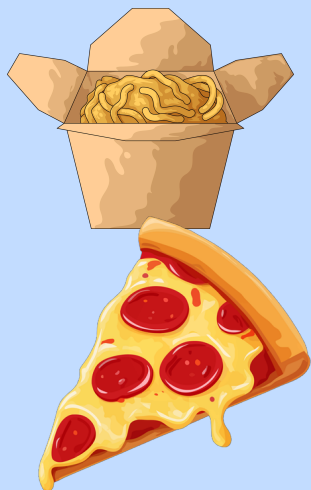
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Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Market Fresh	Lamb & Lentil Dhal with Naan	Chicken Tikka Masala & Rice	Jollof Rice with Chicken & Vegetables	Spiced Chicken & Harissa Wrap	Battered Fish, Chips & Peas
Global Classics	Veggie Loaded Fries 	Chickpea & Potato Curry 	Veggie Burrito 	Veggie Lentil Cottage Pie 	Buffalo Cauliflower Noodle Box 
Sugar Smart Desserts	Vegan Chocolate & Beetroot Brownie 	Lemon & Courgette Cake 	Mandarin Jelly Pot 	Vegan Chocolate & Beetroot Brownie 	Banana & Date Sponge with Custard 
Daily Options	Vegetable Choices / Fresh Salads / Fresh Fruit / Fruit Yoghurt / Homemade Cakes				

 Plant Based
 Vegetarian
 Sugar Smart



What's on the Menu?

AUTUMN / WINTER 2026 / 27

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Market Fresh	Shepherd's Pie	Salmon & Sweet Potato Fishwich	Eat Curious Burger in a Bun	Pizza Pepperoni	Battered Fish, Chips & Peas Chicken Burrito Meatballs with Spaghetti
Global Classics	Houmous & Roast Vegetable Wrap 	Halloumi Flatbread 	Macaroni Cheese (Crunch Top) 	Jacket Potato — Veggie Chilli 	Falafel & Houmous Box 
Sugar Smart Desserts	Jam & Coconut Sponge 	Vegan Chocolate & Beetroot Brownie 	Bursting Berry Jelly Pot 	Pear & Blueberry Crumble with Custard 	Vegan Chocolate & Beetroot Brownie 
Daily Options	Vegetable Choices / Fresh Salads / Fresh Fruit / Fruit Yoghurt / Homemade Cakes				

 Plant Based
 Vegetarian
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Tunmarsh School
Meat served at this school is Halal

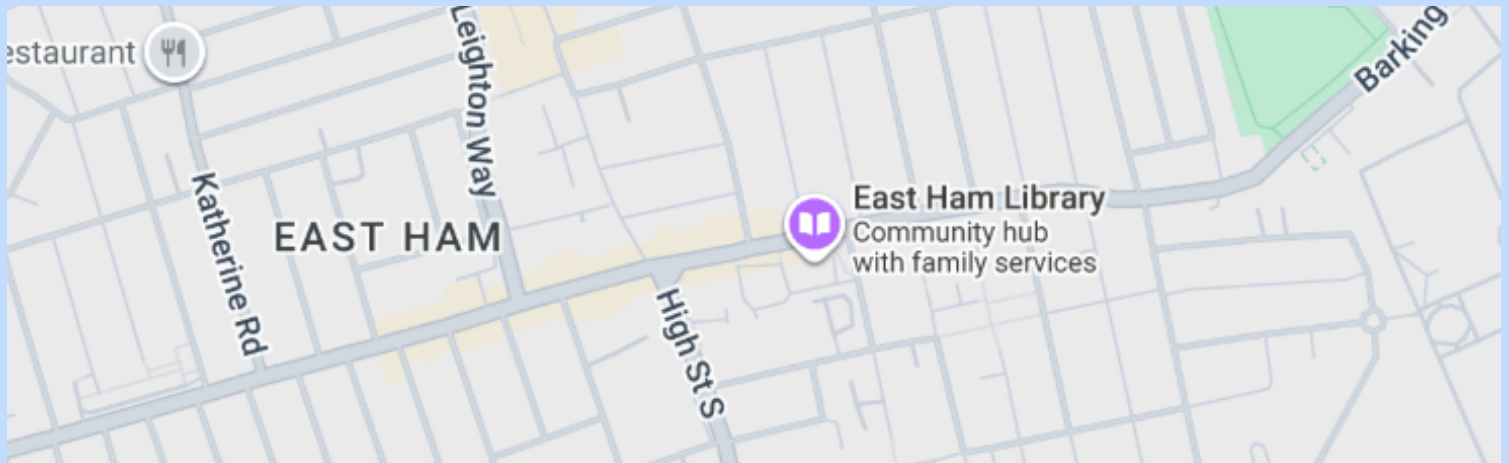


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Parent/Carer Corner



Free Support & Activities for Newham Parents: Discover Your Local Family Hub!

Did you know that all parents, carers, and expectant couples in Newham have access to a completely free support network right on their doorstep?

Newham Council's Best Start Family Hubs act as a "one-stop shop," bringing health visitors, baby groups, parenting classes, and practical advice together under one roof. Support is free for families from pregnancy up to age 5, with extended services available up to age 19 (or 25 for young people with SEND).

What's available at the Hubs?

- 🍼 **Infant Feeding Support:** Free, parent-centered help with breastfeeding, bottle feeding, and starting solids. You can drop into a local Baby Feeding Café or contact the Newham Baby Feeding Helpline 7 days a week at 07534 249 611.
- 🌱 **Perinatal Mental Health:** Access gentle, specialised emotional and wellbeing support, mental health assessments, and counseling during pregnancy and your baby's first years.
- 🎨 **Stay & Play Sessions:** Fun, interactive early learning groups to help your child develop language skills while you connect with other local parents.
- 💼 **Practical & Financial Advice:** Confidential guidance on family finances, housing, and managing household bills.

Where is my closest Hub?

Core hubs are located at East Ham Library, Manor Park Children's Centre, Shipman Youth Zone, and United West Family Hub, with activities running at children's centres across all 8 Newham neighbourhoods.

👉 **Get Involved:** Find your local neighborhood's current activity timetable, book free parenting workshops, or register your family on the Newham Family Hub Network Portal.

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