



Relationships, Sex and Health Education (RSHE) Policy

Reviewed by Assistant Head Teacher- Transition & Progression: **Summer 25**
Policy agreed by Headteacher on: **Summer 25**
Policy to be reviewed again: **Summer26**

Borough wide consultation has taken place concerning the implementation of the 2020 guidance in RSHE (tick as appropriate)

Pupils	Parents/ carers	Community groups	Faith groups	Local Councillors	Teachers	Ofsted	School governors	LA	Professional Associations
X	X	X	X	X	X	X	X	X	X

School consultation taken place concerning the implementation of the 2020 guidance in RSHE

	Parents/Carers	Teachers	School governors/trustees
Date	September 2024- January 2025	September 2024– December 2024	September 2024
What we did	- Consultation on RSHE curriculum content began in February 2024. - RSHE consultation questionnaire sent home to all parents/carers of the pupils on roll at Tunmarsh School and New Directions. - RSHE guidance information sent home to all parents/carers on roll. - RSHE statutory requirements shared in Newham PRUs Parents/Carers Newsletter and sent home to all pupils on roll.	- New RSHE guidance shared with all staff across the schools - The teacher responsible for RSHE has been attending RSHE Network meetings and training to receive support and guidance with the implementation of RSHE. - RSHE statutory requirements shared in Newham PRUs Newsletters - PSHE curriculum overview is shared on the Newham PRUs website - Newham PRUs are members of the Newham RHSE Network	RSHE Policy shared with Head Teacher, Management Committee/Governors and SLT.

Policy statement- Aims and objectives of RSHE

It is the intention of Newham PRUs to teach high quality, age appropriate, pupil-sensitive, evidence-based RSHE, which demonstrates a respect for the law and all communities that call Newham home. It is expected that RSHE in Newham PRUs will help pupils to learn about themselves, and the world they live in, giving them the skills, understanding and information they need for life. This will help them to stay safe and to flourish, not just in childhood, but also into adulthood and for the rest of their lives. This is why RSHE is such an important part of the curriculum.

Statutory content: RSHE

By law secondary schools are required to teach relationships, sex and health education, alongside national curriculum science with-in the context of safeguarding. Here at Newham PRUs we acknowledge that parents/carers are a child's first and most effective teacher and

so will ensure that we have annual meetings with parents/carers to present our RSHE curriculum as well as hear from them about any concerns or questions they have. We are clear that our aim is to educate pupils about these important subjects alongside parents and carers.

National Curriculum Science

At key stage 3 and 4, the national curriculum for science includes a recap about menstruation and puberty, teaching about human reproduction and birth, includes drugs education and the study of sexually transmitted infections (STIs), including HIV.

Academies are not compelled to teach science as it appears in the national curriculum, however, they are expected to only use alternatives where it can be demonstrated that the alternatives enable schools to provide a science curriculum of an even higher standard than that offered by the national curriculum. At Newham PRUs we therefore choose to teach science in line with the national curriculum.

See appendices for full list of content

There continues to be no right to withdraw from national curriculum Science.

Health Education (Physical Health and Mental Wellbeing)

The aim of Health Education is to give pupils the information that they need to make good decisions about their physical, mental health and wellbeing. Pupils' will recognise what is normal and what is an issue in themselves and others, and how to seek support at the earliest stage from appropriate sources.

See appendices for full list of content.

There is no right to withdraw from Health Education.

Relationships Education

In secondary school, relationships education builds on what has been learnt at primary school concerning positive relationships and progresses to talk about intimate relationships. Lessons will be evidence based, age and culturally appropriate, based in the law and sensitive to the needs of pupils.

See appendices for full list of content

There is no right to withdraw from Relationships Education.

Safeguarding

Safeguarding is an important aspect of all lessons taught as part of RSHE in our school. Our safeguarding policy will be applied to, and supported by all aspects of RSHE, and any disclosures or issues arising as part of RSHE will be dealt with according to our safeguarding policy.

Non-statutory RSHE

Sex Education that goes beyond national curriculum Science

All secondary schools must teach sex education that is outside of the national science curriculum , but parents/carers can withdraw their children from sex education. Sex education at Newham PRUs will be taught by trained staff in an age appropriate and sensitive way and give due regard to the law. We believe the teaching of sex education alongside relationships education will help to prepare pupils for their life in 21st century Britain. This will include topics like sex, the advantages of delaying sexual activity and the importance of consent, positive sexual relationships, contraception, pregnancy choices, domestic violence etc.

See appendices for full list of content.

The right of parents/carers to withdraw their children from non-statutory RSHE

Parents and carers have a right to withdraw their children from non-statutory RSHE, i.e. sex education, following a meeting with a member of the Senior Leadership Team (SLT) to discuss their concerns. The Head Teacher has the right to deny this request, but must have very strong reasons for doing so, e.g. safeguarding issues. Alternative arrangements will be made for pupils not attending sex education lessons. The school will document this process.

Equality

- The school will comply with the relevant requirements of the Equality Act 2010 and the Public Sector Equality Duty (2014): schools must not unlawfully discriminate against pupils or allow them to be bullied because of their age, sex, race, disability, religion or belief, gender reassignment, pregnancy or maternity, marriage or civil partnership, or sexual orientation (Protected Characteristics)
- The delivery of the content of RSHE will be made accessible to all pupils, including those with SEND
- Our school celebrates difference and diversity. The bullying of anyone for any reason is not acceptable. It is expected that our relationships education curriculum will lead to a stronger sense of community, mutual respect and give pupils a sense of responsibility, alongside the staff, to keep Newham PRUs a safe, inclusive and caring place for all, upholding the core values, vision and ethos of the school.

Monitoring evaluation and assessment.

- To ensure that the teaching and learning in RSHE in our school is of the highest standard, our RSHE curriculum leader Ricky Sparham will monitor it.
- The school will identify pupils' prior knowledge with ongoing dialogue with referring schools and other professionals working with the pupil
- The school will assess pupils' learning and progress through internal in-house assessments on pupil progress and attainment systems including Doodle, baseline assessments and formative/summative assessment.

- The school will evidence pupils' learning and progress by consistent reviewing and marking of pupil's work to measure what is working well and areas for further development.
- This is important because it will enable pupils to develop their awareness of the topics being covered, so that knowledge is secure, embedded and utilised in the future to promote their health & wellbeing.
- Learning will be evidenced through completed work, pupil certificates of achievement for completed topics/units, positive rewards for effort and engagement in lessons, constant feedback on progress and attainment in collaboration with pupil's parents/carers and teaching staff.

Resources

The school will draw from a number of educational resource For example: Twinkl, TES resources, DfE guidance, PSHE Association, SHINE (Sexual Health Services)

It is the role of the RSHE subject leader to ensure that resources are appropriate and up to date for the school's use in teaching RSHE

Any queries about this policy should be addressed to Ricky Sparham

Email: ricky.sparham@prus.newham.sch.uk Tel: 0207 504 0351 / 0350

Newham PRUs

Secondary RSHE Policy

Appendix 1:

Information about how and why RSHE will be taught at Newham PRUs

Why are we teaching RSHE?

- Because it is the right thing to do. Our children are growing up in an increasingly complex world with new opportunities, but also new challenges. We as a school want our pupils to flourish in the world they find themselves in and to work hard throughout all curriculum areas to give our pupils the skills and knowledge they need to do that. RSHE teaching is an important part of equipping our pupils for life in 21st century Britain, enabling them to embrace diversity, make the most of technology, understand the importance of, and develop the skills, which lead them to be able to sustain healthy and strong relationships.
- Relationships, sex and health education is a statutory requirement for all secondary schools in England. (DfE 2019)
- The teaching of RSHE at Newham PRUs is informed by the law, national RSHE guidance and the national curriculum set out by the DfE, and the school ethos and policies already developed by the school. Below is a list of some of the documents that are taken into consideration when preparing this policy.

✓ Statutory Guidance on RSHE 2019

Relationships Education, Relationships and Sex Education (RSE) and Health Education Statutory Guidance for governing bodies, proprietors, head teachers, principals, senior leadership teams, teachers

✓ Equality Act 2010 and The Public Sector Equality Duty 2014

✓ National curriculum for science, computing, citizenship and PE

✓ School Ethos and educational aims.

✓ The teaching of RSHE in Newham PRUs is delivered within and influenced by all relating school policies

✓ Behaviour policy

✓ Anti-bullying policy

✓ Equality policy or statement

✓ Safeguarding policy

✓ PSHE policy

How will we ensure lessons are taught sensitively?

- Puberty and menstruation, human reproduction and birth are seen as sensitive topics to teach in RSHE and therefore, we will put in special measures (if/when appropriate) to make sure that pupils feel at ease when talking about these topics.

- Single sex classes for some lessons so that pupils feel less self-conscious and may be more relaxed and feel able to ask questions
- Use of anonymous question boxes
- Same sex teachers for single sex groups (when available)

When will RSHE will be taught?

- The RSHE curriculum is taught within our PSHE carousel curriculum across Newham PRUs. Lessons take place once a week for pupils in Years 7-11 during Spring Term 1. The topics covered provide wide and diverse learning experiences for pupils.
- These different topics provide specific learning opportunities that will prepare and help each pupil to develop a wider understanding of the world around them and the importance of developing resilience, self-confidence, self-awareness and improving health and wellbeing.
- SHINE Keyworkers and the School Nurse will support the delivery of information and guidance for RSHE on offer to all pupils throughout the academic year.
- Year 11 pupils have access to sexual health support and guidance from SHINE key workers, attendance at SHINE workshops and from the allocated School Nurses throughout the academic year.

Newham PRUs - RSHE Curriculum Content:

The topics covered within the RSHE curriculum include; Methods of contraception, STI's, HIV/AIDS, healthy relationships, teenage pregnancy, abstinence, sex and the law, SHINE – Sexual Health Clinics, male & female body parts (public and private), puberty, peer pressure, menstruation, reproductive organs, personal hygiene, relationships: friendship and love, sexual relationships, personal values, decision making and marriage and making relationships work, sexual identity and sexual orientation, LGBT, same-sex relationships, testicular / cervical / breast cancer awareness, abortion, cultural and religious perspectives to sex education, parenting skills, choices in relationships, teenage pregnancy, grooming, online pornography, consent and child sexual exploitation (CSE)

How will we ensure effective communication with parents/carers?

- Newham PRUs works closely with parents/carers and we want to communicate what is going on within our RSHE curriculum. Our aim is to offer on-going regular meetings, dialogues and discussions to explain what will happen in RSHE, so that parents/carers can, if they wish, talk to their children ahead of lessons. This will also allow parents/carers to be ready for any questions that their child may have concerning what they have learnt in school.
- Human reproduction (sex) and issues concerning STIs, are taught in science. However, when other aspects of sex education are taught, i.e. contraception or pregnancy choices, parents/carers may seek permission to remove their children from classes. Our intention is to make these lessons as sensitive to the background of all our pupils as possible, and our hope is that they will all remain in the lesson, so that they learn facts from a teacher or nurse rather than second-hand in the playground. However, the school respects the right of parents/carers to seek to have their child removed from sex education until they are three terms away from their sixteenth birthday, (DfE 2019) if they wish. Parents/carers who wish to remove their children from sex education need to inform the school in writing, following a

meeting with someone from the SLT to discuss concerns, an alternative provision can then be made for the child. This process will be documented.

Who will be teaching RSHE?

- RSHE is taught as part of the PSHE carousel curriculum. Teachers are trained and offered Continued Professional Learning (CPL) opportunities to ensure that they upskill and continue to receive relevant and current information on RSHE developments.
- Newham PRUs have a NHS trained School Nurse at each school provision and work with SHINE Key Workers, who can/will support with the delivery of RSHE. They can also refer pupils for additional support services if/when required.

What training will staff be given?

- There is at present borough-wide training available to schools for staff who are part of the RSHE Network. In the summer term 2020, lead RSHE teachers will be provided with a training package that can be used by them to train others delivering RSHE in their school.

What materials will be used to deliver RSHE?

- At Tunmarsh School and New Directions PRU, we have chosen to use a variety of materials/sources to deliver RSHE from what we think is best suited to our pupils. We use (PSHE Association, Twinkl, RE Matters, TES resources and SHINE materials to support our RSHE delivery).

Scheme of work

- Attached to this policy is a long-term plan or scheme of work. Research has shown (Sell 2019) that very religious pupils may feel that they should learn topics in RSHE a year later than others. The school will need to break down the long-term plan into smaller pieces of curriculum to accommodate the different needs for delivery time, teaching expertise, possibly informed parental views and the needs and backgrounds of the pupils.
- It is good if parents/carers are aware of what is being taught when, so that they can teach their children at home before the learning takes place at school or talk with their children afterwards. Knowing what their children are learning at school can offer parents/carers a chance to talk to their children about relationships and sex in a more open way if they choose. Where possible, schools should support parents/carers in talking to their children.
- It is the aim of Newham PRUs, to provide all our pupils with high quality, pupil sensitive, evidence based and age and developmentally appropriate RSHE that is sensitive to our pupil's background and needs. If there are any questions about what we teach and why then please contact Ricky Sparham.

Newham Secondary RSHE Policy Appendix 2

Explanation of terms:

Relationships, sex and health education (RSHE), is the term most often used by schools in Newham. Health education appears in the same set of guidance from the DfE (2019), is very closely related to relationships and sex education and is often linked in lessons.

Relationships education (Rel Ed)– this, along with health education (HE) is statutory in all primary schools and includes topics like the importance of positive relationships, families and friends, healthy eating and hygiene.

Relationships and sex education (RSE) along with health education is statutory in secondary schools and must be taught, but parents/carers have the right to remove their children from any lessons that include aspects of sex education that are not included in the science national curriculum.

Lesson overview and long-term plan for secondary RSHE

This long-term plan contains all the topics that the RSHE guidance says secondary school pupils should know by the time they leave secondary school. Please be aware that the topics included here are in addition to those already learnt at primary school and reinforcement of the primary curriculum is likely to be necessary during key stage 3-4.

There is a presumption within this document that students are being taught ahead of needing to make use of the information taught in RSHE. This teaching is for the whole of a person's life, not just their time at school. However, it would be naïve to assume that pupils under the age of 16 are having sex (although it is the aim of RSHE in school to encourage pupils to stay inside the laws on sexual consent). Schools may need to be flexible about some of the secondary curriculum and deliver a year early if it is needed for the wellbeing of pupils. Research has also shown that if the school has high numbers of religious pupils it may be more appropriate to teach topics a year later (Sell, 2019).

School Year	National Curriculum subjects	R(S)HE Lesson Content	Notes
KEY STAGE 3 Years 7-9 KEY STAGE 3 years 10-11	RSHE/PSHE	RELATIONSHIPS AND SEX EDUCATION Families That there are different types of committed, stable relationships. How these relationships might contribute to human happiness and their importance for bringing up children. What marriage is, including its legal status e.g. that marriage carries legal rights and protections not available to couples who are cohabiting or who have married, for example, in an unregistered religious ceremony.	Following consultation with governors, teachers, councillors, parents/carers, children and young people. In line with the DfE Statutory Guidance for RSHE (2019)

School Year	National Curriculum subjects	R(S)HE Lesson Content	Notes
		How to: determine whether other children, adults or sources of information are trustworthy: judge when a family, friend, intimate or other relationship is unsafe (and to recognise this in others' relationships); and, how to seek help or advice, including reporting concerns about others, if needed. Respectful relationships including friendships The characteristics of positive and healthy friendships (in all contexts, including online) include: trust, respect, honesty, kindness, generosity, boundaries, privacy, consent and the management of conflict, reconciliation and ending relationships. This includes different (non-sexual) types of relationship. Practical steps they can take in a range of different contexts to improve or support respectful relationships. How stereotypes, in particular stereotypes based on sex, gender, race, religion, sexual orientation or disability, can cause damage (e.g. how they might normalise non-consensual behaviour or encourage prejudice). That in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including people in positions of authority and due tolerance of other people's beliefs. About different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders to report bullying and how and where to get help. That some types of behaviour within relationships are criminal, including violent behaviour and coercive control. What constitutes sexual harassment and sexual violence, and why these are always unacceptable. The legal rights and responsibilities regarding equality (particularly with reference to the protected characteristics as defined in the Equality Act 2010) and that everyone is unique and equal.	Students need to understand that same sex marriage has the same legal status as heterosexual marriage. Safeguarding is a thread that weaves its way throughout the RSHE curriculum. Equality and the content of the Equality Act (2010) is another thread that continues through RSHE.
KEY STAGE 3	COMPUTING/PSHE	Online and media	

School Year	National Curriculum subjects	R(S)HE Lesson Content	Notes
Years 7-9 KEY STAGE 4 YEARS 10-11	Understand how changes in technology affect safety, including new ways to protect their online privacy and identity, and how to report a range of concerns	Their rights, responsibilities and opportunities online, including that the same expectations of behaviour apply in all contexts, including online. About online risks, including that any material someone provides to another has the potential to be shared online and the difficulty of removing potentially compromising material placed online. Not to provide material to others that they would not want shared further and not to share personal material which is sent to them. What to do and where to get support to report material or manage issues online. The impact of viewing harmful content. That specifically sexually explicit material e.g. pornography presents a distorted picture of sexual behaviours, can damage the way people see themselves in relation to others and negatively affect how they behave towards sexual partners. That sharing and viewing indecent images of children (including those created by children) is a criminal offence which carries severe penalties including jail. How information and data is generated, collected, shared and used online.	Online safety is important and appears in a number of places within the RSHE curriculum
KEY STAGE 3 Years 7-9 KEY STAGE 4 YEARS 10-11	SCIENCE Reproduction Reproduction in humans (as an example of a mammal), including the structure and function of the male and female reproductive systems, menstrual cycle (without details of hormones), gametes, fertilisation, gestation and birth, to include the effect of maternal lifestyle on the foetus through the placenta	Intimate and sexual relationships, including sexual health How to recognise the characteristics and positive aspects of healthy one-to-one intimate relationships, which include mutual respect, consent, loyalty, trust, shared interests and outlook, sex and friendship. That all aspects of health can be affected by choices they make in sex and relationships, positively or negatively, e.g. physical, emotional, mental, sexual and reproductive health and wellbeing. The facts about reproductive health, including fertility, and the potential impact of lifestyle on fertility for men and women and menopause.	Most students going into secondary school are likely to have learnt about human reproduction at primary school; however, it is possible that not all students will have. This needs to be taken into consideration when preparing these lessons. The school will have to make a decision as to what is viewed by the school as sex education and what is relationships education, as parents/carers have the right to remove their children from sex education (but not science) unless the head teacher

School Year	National Curriculum subjects	R(S)HE Lesson Content	Notes
KEY STAGE 3 Years 7-9 KEY STAGE 4 Year 10	CITIZENSHIP/PSHE The nature of rules and laws and the justice system, including the role of the police and the operation of courts and tribunals	That there are a range of strategies for identifying and managing sexual pressure, including understanding peer pressure, resisting pressure and not pressuring others. That they have a choice to delay sex or to enjoy intimacy without sex. The law Marriage Consent, including the age of consent Violence against women and girls [and men and boys] Online behaviours including image and information sharing (including 'sexting', youth-produced sexual imagery, nude selfies, etc.) Pornography Abortion Sexuality Gender identity Substance misuse Violence and exploitation by gangs Hate crime Female genital mutilation (FGM)	can provide a strong argument against the child being removed from these lessons, or up until the child is three terms away from their 16th birthday. NOTE: Be aware that teaching about human reproduction during Ramadan is not advised for religious reasons. These topics are covered within the PSHE carousel curriculum throughout the academic year.
KEY STAGE 3 Years 7-9 KEY STAGE 4 Year 10-11	PSHE/CHARACTER EDUCATION	HEALTH EDUCATION Mental wellbeing How to talk about their emotions accurately and sensitively, using appropriate vocabulary. That happiness is linked to being connected to others. How to recognise the early signs of mental wellbeing concerns. Common types of mental ill health (e.g. anxiety and depression). How to critically evaluate when something they do or are involved in has a positive or negative effect on their own or others' mental health.	These topics are covered within the PSHE carousel curriculum throughout the academic year.

School Year	National Curriculum subjects	R(S)HE Lesson Content	Notes
KEY STAGE 3 Years 7-9 KEY STAGE 4 Year 10	COMPUTING/PSHE Understand a range of ways to use technology safely, respectfully, responsibly and securely, including protecting their online identity and privacy; recognise inappropriate content, contact and conduct and know how to report concerns.	The benefits and importance of physical exercise, time outdoors, community participation and voluntary and service-based activities on mental wellbeing and happiness. Internet safety and harms The similarities and differences between the online world and the physical world, including: the impact of unhealthy or obsessive comparison with others online (including through setting unrealistic expectations for body image), how people may curate a specific image of their life online, over-reliance on online relationships including social media, the risks related to online gambling including the accumulation of debt, how advertising and information is targeted at them and how to be a discerning consumer of information online. How to identify harmful behaviours online (including bullying, abuse or harassment) and how to report, or find support, if they have been affected by those behaviours.	These topics are covered within the PSHE carousel curriculum throughout the academic year.
KEY STAGE 3 Years 7-9 KEY STAGE 4 Years 10-11	PE/Home Cooking Skills They should develop the confidence and interest to get involved in exercise, sports and activities out of school and in later life, and understand and apply the long-term health benefits of physical activity.	Physical health and fitness The positive associations between physical activity and promotion of mental wellbeing, including as an approach to combat stress. The characteristics and evidence of what constitutes a healthy lifestyle, maintaining a healthy weight, including the links between an inactive lifestyle and ill health, including cancer and cardiovascular ill health.	
KEY STAGE 3 Years 7-9 KEY STAGE 4 Year 10-11	SCIENCE Nutrition and digestion Content of a healthy human diet: carbohydrates, lipids (fats and oils), proteins, vitamins, minerals, dietary fibre and water, and why each is needed	About the science relating to blood, organ and stem cell donation. Healthy eating How to maintain healthy eating and the links between a poor diet and health risks, including tooth decay and cancer.	

School Year	National Curriculum subjects	R(S)HE Lesson Content	Notes
Calculations of energy requirements in a healthy daily diet The consequences of imbalances in the diet, including obesity, starvation and deficiency diseases Health The effects of recreational drugs (including substance misuse) on behaviour, health and life processes. KEY STAGE 3 Years 7-9 KEY STAGE 4 Years 10-11		Drugs alcohol and tobacco The facts about legal and illegal drugs and their associated risks, including the link between drug use, and the associated risks, including the link to serious mental health conditions. The law relating to the supply and possession of illegal substances. The physical and psychological risks associated with alcohol consumption and what constitutes low risk alcohol consumption in adulthood. The physical and psychological consequences of addiction, including alcohol dependency. Awareness of the dangers of drugs, which are prescribed but still present serious health risks. The facts about the harms from smoking tobacco (particularly the link to lung cancer) and vaping oils, the benefits of quitting and how to access support to do so. Health and prevention About personal hygiene, germs including bacteria, viruses, how they are spread, treatment and prevention of infection, and about antibiotics. About dental health and the benefits of good oral hygiene and dental flossing, including healthy eating and regular check-ups at the dentist. The facts and science relating to immunisation and vaccination. The importance of sufficient good quality sleep for good health and how a lack of sleep can affect weight, mood and ability to learn. Basic first aid basic treatment for common injuries. Life-saving skills, including how to administer CPR.15 The purpose of defibrillators and when one might be needed. Changing adolescent body Key facts about puberty, the changing adolescent body and menstrual wellbeing.	

School Year	National Curriculum subjects	R(S)HE Lesson Content	Notes
		The main changes, which take place in males and females, and the implications for emotional and physical health.	
	National Curriculum subjects	R(S)HE Lesson Content	Notes
KEY STAGE 3 Years 7-9 KEY STAGE 4 Years 10-11	COMPUTING/PSHE Understand how changes in technology affect safety, including new ways to protect their online privacy and identity, and how to identify and report a range of concerns.	RELATIONSHIPS AND SEX EDUCATION Families Why marriage is an important relationship choice for many couples and why it must be freely entered into. The characteristics and legal status of other types of long-term relationships. The roles and responsibilities of parents/carers with respect to raising of children, including the characteristics of successful parenting. Respectful relationships including friendships Reinforce key stage 3 content Online and Media Reinforce key stage 3 content Being safe The concepts of, and laws relating to, sexual consent, sexual exploitation, abuse, grooming, coercion, harassment, rape, domestic abuse, forced marriage, honour-based violence and FGM, and how these can affect current and future relationships. How people can actively communicate and recognise consent from others, including sexual consent, and how and when consent can be withdrawn (in all contexts, including online). Intimate and sexual relationships, including sexual health.	These topics are covered within the PSHE carousel curriculum throughout the academic year.
KEY STAGE 3 Years 7-9			
KEY STAGE 4 Years 10-11	SCIENCE The relationship between health and disease. Communicable diseases including sexually transmitted infections in humans (including HIV/AIDs)	Intimate and sexual relationships, including sexual health The facts about the full range of contraceptive choices, efficacy and options available. The facts around pregnancy including miscarriage. That there are choices in relation to pregnancy (with medically and legally accurate, impartial information on all options, including	The school will have to make a decision as to what is viewed by the school as sex education and what is relationships education as parents /carers have the right to remove their children from sex education (but not science) unless the head teacher can provide a strong

School Year	National Curriculum subjects	R(S)HE Lesson Content	Notes
	PSHE	keeping the baby, adoption, abortion and where to get further help). How the different sexually transmitted infections (STIs), including HIV/AIDs, are transmitted, how risk can be reduced through safer sex (including through condom use) and the importance of and facts about testing. About the prevalence of some STIs, the impact they can have on those who contract them and key facts about treatment. How the use of alcohol and drugs can lead to risky sexual behaviour. How to get further advice, including how and where to access confidential sexual and reproductive health advice and treatment. The Law Extremism/radicalisation Criminal exploitation (for example, through gang involvement or 'county lines' drugs operations)	argument against the child being removed from these lessons, or up until the child is three terms away from their 16th birthday.

DfE 2019

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/805781/Relationships_Education_Relationships_and_Sex_Education_RSE_and_Health_Education.pdf

Approved by: Newham LA; Newham SACRE, NAPNH and NASH